

WCPT Cape Town July 2017

INPA Report

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INPA

INPA activities at WCPT 2017 centered around the Networking Meeting, running of our INPA booth and communications with colleagues from around the world, but in particular, the delegates from the Africa nations. There were also activities supported by APPDE, which is a special interest group of the INPA. This report summarizes the experiences from the meeting

Networking Meeting.

The room was set with 7 tables and they were filled to capacity. We placed placards on each table with education, research and practice. On one table we had education and research and on another we had education and research and practice. So participants were invited to sit at the table that best suited their interests. Each table had a facilitator from one of our member nations that had either volunteered in advance or been invited at the meeting (with nice country representation. SA, UK, US, Israel, Lebanon, Luxembourg). Thank you to the facilitators: Dennis Fell, Mariella Grazziano, Ellie Sakr, Kulvinder Talewar, James McLoughlin, South African colleague whose name I am forgetting. The session was facilitated by JED.

The session consisted of the following:

1. small intro about INPA (objectives, twitter, facebook, announcing the new website and SUDA and our SIGs).
2. Discussion by table of the barriers and facilitators to practicing NPT in different countries
3. Sharing by each of the facilitators
4. Discussion of how INPA could address this
5. Completion of questionnaire
6. Discussion of what should be the INPA priorities
 1. Name recognition and identity
 2. Resource Sharing
7. Brief discussion on fees and conclusion.

48 questionnaires were filled out (maybe 75 people in the room). Observations from the facilitators are congruent with responses to the questionnaires. Additional comments were an interest in having a French speaking sub-group. The questionnaires were summarized after the meeting by Elizabeth Cassidy with the information below:

Results from the 'Share Your Ideas' survey from the INPA Network Meeting

Q1 What are the benefits of INPA membership? (tick all that apply)

	N /45 (%)
Keep up to date with neuro trends	30 (67%)
Join a working group	22 (49%)
Contribute to an international network	30 (67%)
Host webinars/podcasts	10 (22%)

Respond to calls for contributions	12 (27%)
Advertising courses	13 (29%)
Recruiting participants to research projects	12 (27%)
Mentoring	19 (42%)
Contributing to policy	11 (24%)
Summaries of best practice	30 (67%)
Other suggestions	13

The thirteen other suggestions about the benefits of membership were grouped into themes:

1. Knowledge sharing and facilitating access to knowledge
 - access to guidelines for good practice
 - using the website to facilitate access to knowledge
 - using webinars to facilitate knowledge sharing
 - access to knowledge for national groups with limited resources
 - support information exchange
 - talking to others about the relevance and application of research to individual (country-/regional-level) context
2. Resource development
 - international guidelines
 - guidelines applicable across international borders
3. Facilitation of international collaboration
4. Understanding global issues that impact on physiotherapy practice, research and education
5. Collaboration in undergraduate and postgraduate training

Q2 What are you looking for from membership? (open question)

Forty-three respondents offered 64 suggestions which were thematically organised into the following six categories:

- 1. Connection, communication and interaction**
 - With a network of people from around the world committed to improving the lives of people living with neurological conditions
 - Opportunities to work in exciting and dynamic international working groups
 - To help members explore and understand neuro PT across countries and cultures
- 2. Knowledge sharing and knowledge exchange**
 - High quality, up to date knowledge about best practice guidelines
 - Information about research in progress
 - Access to experts
 - Free access to publications for members
 - Via the INPA website
 - INPA-led courses at WCPT Congress
- 3. Interpretation of knowledge**

- For specific resource-dependent contexts (country/regional)
- Supporting the translation of research into practice
- Development of international neuro PT guidelines

4. Education and Mentoring

- Review and update physical therapy (neuro) curricula
- Develop a shared neuro PT curriculum
- Training and support of physical therapists in low- and middle-income countries
- Mentorship for research and education
- Enhance research in low resource countries
- Facilitate research for evidence based practice
- Support professional development
- Responsive to issues specific to low- and middle-income countries
- Advertise courses

5. Sustainability

- Enabling projects to continue through time

6. Raise the profile of neurological PT

- Promotion of neuro PT guidelines

Q3 Would you pay a membership fee?

Response	N=45
Yes	29 (64%)
No	11 (24%)
Not sure	4
No response	1

The majority of respondents were in favour of paying membership fees either as individuals or as part of a national membership fee structure.

Q4 Please explain your answer to Q3

Thirty-three respondents explained their answers, some offered more than one explanation. Thematic analysis developed the following response categories:

Response	N= /33
Fees should be fair and reasonable for all member groups /individuals/countries	10
Fees should be levied because <ul style="list-style-type: none"> - organisations incur running costs - INPA needs to grow 	9
It depends on what the fees are used for	2
I cannot pay additional fees <ul style="list-style-type: none"> - I already pay other membership fees 	5
I would pay as an individual <ul style="list-style-type: none"> - So that I can access all material and resources - If there are tangible benefits and networking opportunities - I would prefer to pay for specific podcasts and webinars rather than use general content - If there were different membership packages available by price 	7
I would not support compulsory payment	1
Fees should be country level not individual	3

Growing the Membership

Of the 45 people who attended the network meeting, 39 were new contacts who asked to be added to the INPA mailing list. It's not necessarily clear where these individuals were from as only email addresses were provided.

Action: Place a summary report on the website

Booth:

The booth was set up with images that were extracted from the website in advance of the meeting and placed in plastic sleeves. The banner never arrived and we should definitely have one from Geneva. We can print it on cloth which will make it easy to transport. I suggest we print the flags of all our member countries (as we have on the website), with our website url and INPA logo.

A binder was created (JED) with instructions for volunteers. Materials at the booth included: copies of JNPT (requested in advance of the meeting), ADPPE brochures, a notice of our general meeting and our website url. Suggest that for Geneva we bring a flyer with info that can be handed out and consider having some bling. Activity at the booth consisted of increasing membership and

The best thing that happened at the booth was the visit of the African delegates (photos available for the website). The connection was made and business cards were obtained. These contacts were shared with the Secretary.

Seven new contacts were made via the INPA booth in the main exhibition hall; five new contacts from Benin and Senegal, one from Hong Kong, and one from Slovenia. All contacts will be followed up and invited to join INPA as members or associate members

Action: Obtain a cloth banner for INPA visibility and electronically archive the booth materials for future meetings. (see end of report for Instructions for booth volunteers, use the electronic sign up process developed by Elizabeth. Follow up with booth contacts as appropriate.

Meetings and Conversations with Delegates:

Throughout the conference, either at the booth, or in other venues JED had conversations with delegates interested in Neurologic PT. Questions arose about topics that we should address:

1. Transitioning ADPPE into INPA
 - a. JED discussed with Mariella that we may want to broaden the APPDE to degenerative diseases and not just PD. She agreed. We have to figure out how to do this.
2. How will the INPA SIGs connect with the SIGs of parent organizations?
 - a. This came up in conversations with Mariella as well as delegates from countries that already have SIGs.
 - i. Suggested Action: We should trial the liaison relationship between the APPDE and say the degenerative diseases SIG of ACPIN or the ANPT
 - ii. We need a strategic plan for growing the SIGs.
3. Sustainability of the SUDA project:
 - a. Discussions with both WCPT staff and Handicap International Staff (that run the SUDA project on the ground in Africa) about how to build capacity and resources beyond sending a single person for a short stint.
4. Composition of our board: questions were raised about why we have 3 UK and 2 US members. We need to look at this

- a. JED reached out to IPTOP and they will share their board composition with us. We can consider if that will work for us.